

Medical Procedures Checklist

Tourniquet

Indications for use:

Bleeding in an extremity that is not controlled by direct pressure

Contra-indications:

Bleeding that can be controlled by other means

Application:

1. Place around extremity. just above the injury
(Do not place on a joint)
2. Ensure snug fit and secure strap
3. Tighten windlass until bleeding is controlled
4. Secure windlass
5. Mark "TK" and time applied on patient's forehead
6. Administer high flow oxygen via BVM or NRB